



Our deepest fear is not that we are inadequate.  
Our deepest fear is that we are powerful beyond measure.  
It is our light, not our darkness, that most frightens us.  
We ask ourselves, who am I to be brilliant,  
gorgeous, talented and fabulous?  
You are a child of God.  
Your playing small doesn't serve the world.  
There's nothing enlightened about shrinking so that  
other people won't feel insecure around you.  
We were born to make manifest  
the glory of God that is within us.  
It's not just in some of us; it's in everyone.  
And as we let our own light shine, we unconsciously  
give other people permission to do the same.

As we are liberated from our own fear,  
our presence automatically liberates others.

~ Marianne Williamson

*Charles Walter Bruní, PhD*

*1939-2002*

∞ In Loving Memory ∞





Like a duck on a lake at sunset...  
Let yourself relax... melt into it... like a pat of  
butter on a warm piece of toast.  
It isn't good or bad, right or wrong... it just is.  
God is good. The universe is a friendly place...  
This world is real... and it's not real...  
It's all energy...  
There are no accidents...  
Everything happens for a reason.  
First within... then without... is the  
universal order of things.  
Nothing can make anyone feel anything.  
It is coming up for healing and release...  
It's safe to feel your feelings...  
Feel what you feel, notice what you notice,  
breath it up and out of you.  
You have to feel it to heal it...  
We can choose to release it... or roll around in it...  
Breath... Relax... Talk to yourself...  
Breath into it... that's it... you're doing great...  
Go for Peace



~ In Loving Memory of ~

*Charles Walter Bruni, PhD*

**Born**

July 16, 1939  
Massachusetts

**Passed Away**

May 22, 2002  
Tacoma, Washington

**Memorial Service**

Sunday, June 2, 2002 at 2:00pm  
Best Western Tacoma Inn  
Tacoma, Washington

**Officiating**

Nola Drazdoff