CB

Our deepest fear is not that we are inadequate.

Our deepest fear is that we are powerful beyond measure.

It is our light, not our darkness, that most frightens us.

We ask ourselves, who am I to be brilliant, gorgeous, talented and fabulous?

You are a child of God.

Your playing small doesn't serve the world.

There's nothing enlightened about shrinking so that other people won t feel insecure around you.

We were born to make manifest the glory of God that is within us.

It's not just in some of us; it's in everyone.

And as we let our own light shine, we unconsciously give other people permission to do the same.

As we are liberated from our own fear, our presence automatically liberates others.

~ Marianne Williamson

Charles Walter Bruni, PhD 1939-2002

> In Loving Memory Of &



come into the peace of wild things,
who do not tax their lives
with forethought of grief;
come into the presence of still water, and feel above me
the day-blind stars waiting with their light;
And for a time, | rest in the peace of the world,
and | am free!

~ William Blake

Like a duck on a lake at sunset...

Let yourself relax... melt into it... like a pat of butter on a warm piece of toast.

It isn't good or bad, right or wrong... it just is.

God is good. The universe is a friendly place...

This world is real... and it's not real...

It's all energy...

There are no accidents...

Everything happens for a reason.

First within... then without... is the universal order of things.

Nothing can make anyone feel anything.

It is coming up for healing and release...

It's safe to feel your feelings...

Feel what you feel, notice what you notice,

breath it up and out of you.

You have to feel it to heal it...

We can choose to release it... or roll around in it...

Breath... Relax... Talk to yourself...

Breath into it... that's it... you're doing great...

Go for Peace

> In Loving Memory Of &

Charles Walter Bruni, PhD

Born

July 16, 1939 Massachusetts

Passed Away

May 22, 2002 Tacoma, Washington

Memorial Service

Sunday, June 2, 2002 at 2:00pm Best Western Tacoma Inn Tacoma, Washington

Officiating

Nola Drazdoff